



POOL & GYM CLASS SCHEDULE DECEMBER 2018

***** Please NOTE dates and times carefully as some classes have changed and may change from week to week.*****

ALL CLIENTS MUST CHECK IN AT RECEPTION BEFORE COMMENCING CLASS

	Aquatone \$13.60 no rebate	Hydrotherapy \$27.50 non bupa \$24.50 bupa	Gym \$25.50 non bupa \$24.50 bupa
Monday 26.11.18	8.05	2.00pm	-
Tuesday 27.11.18	8.15	1.30pm & 4.00pm	5.00pm
Wednesday 28.11.18	-	2.00pm	-
Thursday 29.11.18	8.05	4.00pm	5.00pm
Friday 30.11.18	-	2.00pm	-
Monday 03.12.18	8.05	2.00pm	-
Tuesday 04.12.18	8.15	1.30pm & 4.00pm	5.00pm
Wednesday 05.12.18	-	2.00pm	-
Thursday 06.12.18	8.05	4.00pm	5.00pm
Friday 07.12.18	-	2.00pm	-
Monday 10.12.18	8.05	2.00pm	-
Tuesday 11.12.18	8.15	1.30pm & 4.00pm	5.00pm
Wednesday 12.12.18	-	2.00pm	-
Thursday 13.12.18	8.05	4.00pm	5.00pm
Friday 14.12.18	-	2.00pm	-
Monday 17.12.18		2.00pm	-
Tuesday 18.12.18	8.15	1.30pm & 4.00pm	5.00pm
Wednesday 19.12.18		2.00pm	-
Thursday 20.12.18	8.05	4.00pm	5.00pm
Friday 21.12.18		2.00pm	-

Limited numbers in classes so please be sure to book!!

**PLEASE KEEP IN CONTACT WITH US REGARDING WHEN THE POOL WILL BE OPEN FOR THE
NEW YEAR!**

**Class times may change at short notice due to Adelaide Football Club training schedules. We shall endeavor to give our customers as much notice as possible of any changes.*