



POOL & GYM CLASS SCHEDULE MARCH/APRIL 2019

*** Please NOTE dates and times carefully as some classes have changed and may change from week to week.***

ALL CLIENTS MUST CHECK IN AT RECEPTION BEFORE COMMENCING CLASS

	Aquatone \$13.60 no rebate	Hydrotherapy \$27.50 non bupa \$24.50 bupa	Gym \$25.50 non bupa \$24.50 bupa
Monday 25.03.19	8.05	2.00pm	-
Tuesday 26.03.19	8.15	1.30pm & 4.00pm	5.00pm
Wednesday 27.03.19	-	2.00pm	-
Thursday 28.03.19	8.05	4.00pm	5.00pm
Friday 29.03.19	-	2.00pm & 3.00pm	-
Monday 01.04.19	8.05	2.00pm	-
Tuesday 02.04.19	8.05	1.30pm & 4.00pm	5.00pm
Wednesday 03.04.19	-	2.00pm	-
Thursday 04.04.19	8.05	4.00pm	5.00pm
Friday 05.04.19	-	12.00pm & 3.30pm	-
Monday 08.04.19	8.05	2.00pm	-
Tuesday 09.04.19	8.05	1.30pm & 4.00pm	5.00pm
Wednesday 10.04.19	-	2.00pm	-
Thursday 11.04.19	8.05	4.00pm	5.00pm
Friday 12.04.19	-	2.00pm & 3.00pm	-
Monday 15.04.19	8.05	3.30pm	-
Tuesday 16.04.19	8.05	1.30pm & 4.00pm	5.00pm
Wednesday 17.04.19	-	2.00pm	-
Thursday 18.04.19	8.05	4.00pm	5.00pm
Friday 19.04.19	PUBLIC HOLIDAY- GOOD FRIDAY		
Monday 22.04.19	PUBLIC HOLIDAY- EASTER MONDAY		
Limited numbers in classes so please be sure to book!!			

*Class times may change at short notice due to Adelaide Football Club training schedules. We shall endeavor to give our customers as much notice as possible of any changes.