



POOL & GYM CLASS SCHEDULE FEBRUARY 2019

***** Please NOTE dates and times carefully as some classes have changed and may change from week to week.*****

ALL CLIENTS MUST CHECK IN AT RECEPTION BEFORE COMMENCING CLASS

	Aquatone \$13.60 no rebate	Hydrotherapy \$27.50 non bupa \$24.50 bupa	Gym \$25.50 non bupa \$24.50 bupa
Monday 28.01.19	PUBLIC HOLIDAY		
Tuesday 29.01.19	8.15	1.30pm & 4.00pm	5.00pm
Wednesday 30.01.19	-	2.00pm	-
Thursday 31.01.19	8.05	4.00pm	5.00pm
Friday 01.02.19	-	2.00pm & 3.00pm	-
Monday 04.02.19	8.05	2.00pm	-
Tuesday 05.02.19	8.15	1.30pm & 4.00pm	5.00pm
Wednesday 06.02.19	-	2.00pm	-
Thursday 07.02.19	8.05	4.00pm	5.00pm
Friday 08.02.19	-	2.00pm & 3.00pm	-
Monday 11.02.19	8.05	2.00pm	-
Tuesday 12.02.19	8.15	1.30pm & 4.00pm	5.00pm
Wednesday 13.02.19	-	2.00pm	-
Thursday 14.02.19	8.05	4.00pm	5.00pm
Friday 15.02.19	-	2.00pm & 3.00pm	-
Monday 18.02.19	8.05	2.00pm	-
Tuesday 19.02.19	8.15	1.30pm & 4.00pm	5.00pm
Wednesday 20.02.19	-	2.00pm	-
Thursday 21.02.19	8.05	4.00pm	5.00pm
Friday 22.02.19	-	2.00pm & 3.00pm	-
Limited numbers in classes so please be sure to book!!			

***Class times may change at short notice due to Adelaide Football Club training schedules. We shall endeavor to give our customers as much notice as possible of any changes.**