



POOL & GYM CLASS SCHEDULE JUNE/JULY 2019

***** Please NOTE dates and times carefully as some classes have changed and may change from week to week.*****

ALL CLIENTS MUST CHECK IN AT RECEPTION BEFORE COMMENCING CLASS

	Aquatone \$13.60 no rebate	Hydrotherapy \$28.00 non bupa \$25.00 bupa	Gym \$28.00 non bupa \$25.00 bupa
Monday 24.06.19	8.05	2.00pm	-
Tuesday 25.06.19	8.05	1.30pm & 4.00pm	5.00pm
Wednesday 26.06.19	-	2.00pm	-
Thursday 27.06.19	8.05	4.00pm	5.00pm
Friday 28.06.19	-	2.00pm & 3.00pm	-
Monday 01.07.19	8.05	2.00pm	-
Tuesday 02.07.19	8.05	1.30pm & 4.00pm	5.00pm
Wednesday 03.07.19	-	2.00pm	-
Thursday 04.07.19	8.05	4.00pm	5.00pm
Friday 05.07.19	-	2.00pm & 3.00pm	-
Monday 08.07.19	8.05	12.00pm	-
Tuesday 09.07.19	8.05	1.30pm & 4.00pm	5.00pm
Wednesday 10.07.19	-	2.00pm	-
Thursday 11.07.19	8.05	4.00pm	5.00pm
Friday 12.07.19	-	2.00pm & 3.00pm	-
Monday 15.07.19	8.05	12.00pm	-
Tuesday 16.07.19	8.05	1.30pm & 4.00pm	5.00pm
Wednesday 17.07.19	-	2.00pm	-
Thursday 18.07.19	8.05	4.00pm	5.00pm
Friday 19.07.19	-	2.00pm & 3.00pm	-

Limited numbers in classes so please be sure to book!!

***Class times may change at short notice due to Adelaide Football Club training schedules. We shall endeavor to give our customers as much notice as possible of any changes.**