



POOL & GYM CLASS SCHEDULE MARCH 2019

***** Please NOTE dates and times carefully as some classes have changed and may change from week to week.*****

ALL CLIENTS MUST CHECK IN AT RECEPTION BEFORE COMMENCING CLASS

	Aquatone \$13.60 no rebate	Hydrotherapy \$27.50 non bupa \$24.50 bupa	Gym \$25.50 non bupa \$24.50 bupa
Monday 25.02.19	8.05	2.00pm	-
Tuesday 26.02.19	8.15	1.30pm & 4.00pm	5.00pm
Wednesday 27.02.19	-	2.00pm	-
Thursday 28.02.19	8.05	4.00pm	5.00pm
Friday 01.03.19	-	2.00pm & 3.00pm	-
Monday 04.03.19	8.05	2.00pm	-
Tuesday 05.03.19	8.05	1.30pm & 4.00pm	5.00pm
Wednesday 06.03.19	-	2.00pm	-
Thursday 07.03.19	8.05	4.00pm	5.00pm
Friday 08.03.19	-	2.00pm & 3.00pm	-
Monday 11.03.19	Public Holiday		
Tuesday 12.03.19	8.05	1.30pm & 4.00pm	5.00pm
Wednesday 13.03.19	-	2.00pm	-
Thursday 14.03.19	8.05	4.00pm	5.00pm
Friday 15.03.19	-	2.00pm & 3.00pm	-
Monday 18.03.19	8.05	3.30pm	-
Tuesday 19.03.19	8.15	1.30pm & 4.00pm	5.00pm
Wednesday 20.03.19	-	2.00pm	-
Thursday 21.03.19	8.05	4.00pm	5.00pm
Friday 22.03.19	-	2.00pm & 3.00pm	-
Limited numbers in classes so please be sure to book!!			

*Class times may change at short notice due to Adelaide Football Club training schedules. We shall endeavor to give our customers as much notice as possible of any changes.